



HERITAGE CHILDREN ACADEMY

(Senior Secondary School Affiliated to CBSE, New Delhi)
NH-24, JALIF NAGLA TEH. MILAK DISTT. RAMPUR (U.P)

HOLIDAY HOMEWORK

CLASS :- VI

Let's Pen The Pandemic : Covid - 19

“To be ready for tomorrow's opportunities, do your homework”

GENERAL INSTRUCTIONS TO BE FOLLOWED WHILE DOING HOLIDAY HOMEWORK:-

- It is compulsory to attempt each subject.
- Each subject contains 10 marks which will include in your exam.
- You can take help your parents to complete your assignments.
- Summer vacations are going to be started from June 10 to 30, 2020.
- Submit your assignments to Subject teachers as the school reopens.
- Holiday homework should be done as per the given instructions
- Label properly the name, class roll no and subject.
- The child will be assessed for the neat handwriting, presentation, creativity and submission of the work on time.
- Parents can be facilitator at home but the work should be done independently by the child in his/her own handwriting.

ENGLISH

1- **SELF QUARANTINE:** Write an interview with one of your family members on COVID 19. Draw or paste pictures relating the interview.

2-**Activity** – Make a short video (not more than 30-60sec.) on the topic: COVID-19- We Shall Overcome!!! The video should be creative with a strong message on fighting COVID-19 pandemic bravely. (You can mention the measures to be taken to keep everyone safe)

हिंदी

प्रश्न-1

- क) कोरोना से बचने के उपाय सावधानियां तथा चित्रों के माध्यम से चार्ट तैयार कीजिए।
ख) कोरोना से किस प्रकार दूसरों को सुरक्षित रखा जा सकता है। कुछ वाक्य (स्लोगन) तैयार कीजिए।

प्रश्न -2 निम्न में से किन्हीं 5 प्रश्नों के उत्तर दीजिए-

- क) कैकई की दासी कौन थी?
ख) राजा दशरथ से कैकई ने कौन से दो बरदान मांगे?
ग) कैकई ने राजा दशरथ को किस कुल की मर्यादा याद दिलाई?
घ) रानी नाराज हो कर कहां चली गई?
ङ) राम ने रात किस स्थान पर व्यतीत की?
च) निषादराज ने राम का स्वागत किस स्थान पर किया?
छ) महर्षि भारद्वाज का आश्रम कहां था?

प्रश्न3- निम्नलिखित में से 60 शब्दों का कोई एक अनुच्छेद **A4** साइज शीट पर लिखिए:

- क) व्यायाम का महत्व
ख) किसी महामारी का वर्णन
ग) जब मैंने पहली बार चाय बनाई

Mathematics

MATHEMATICS Conduct a survey on mental health and fitness during covid-19 by taking 10 quantitative questions. Minimum 20 people should be surveyed. Present the information gathered per question by a bar graph.

Instructions:

1. Make the questions on your own.
2. Each and every question should be written separately on an A4 size sheet.

Example

Are you living in the Green, Orange or Red zone?

Zone	Number of people
Green	10
Red	02
Orange	08

SCIENCE

<u>Activity</u>	<u>Learning outcomes</u>
<u>To find out the cheaper alternative of health drinks during covid-19.</u>	1 - Exploration 2 - Calculation 3 - Interpretation 4 - Analysis
<u>Procedure-</u> 1-Now for the some nutrients find out the alternative natural Source such as vegetable and fruits. 2-Calculate the cost natural source of nutrients and compare it With that of the health drink. 3-Find our the which one is the costier.	

4-On A4 size sheet compare the readymade health drink and Vegetables/fruits in terms of cost and nutrients content.

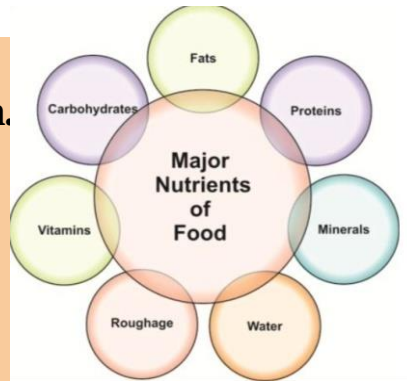
5-Categorize different source in to these groups as per the

function they perform.

a) Body Building

b)Energy giving

c)Protective



Note-If you are agree these health drinks grow immunity then write a short note on it.

SOCIAL SCIENCE

Resources are rare, yet very important. During Covid-19 lockdown you must have noticed that only essential items are bought by you and your family. List down the goods which are luxurious and were bought by you and your family before lockdown but not during the lockdown. Divide the items into 2 categories: Necessities and Luxuries Make an analysis why it is important to spend money rationally on the resources.

संस्कृत

ग्रीष्म कालीन गृह कार्य

1- गीता के कोई भी 10 श्लोक अपनी स्कैपबुक में लिखिए और उन्हें याद भी करिए-

अथवा

पठ् धातु के रूप पांचो लकारों में लिखिए और उन्हें याद भी करिए-

ART & CRAFT

Make a wall hanging by using the waste materials.

<https://youtu.be/qKASDq3ucjo>

WORK OUT

Students will take two bowls and hang them in the balcony of their house. Everyday.

They need to fill them with grains and water respectively to feed the birds.

Note : This activity will help the students to connect to the nature and they will develop a sense of compassion. Visual and Performing Arts

Happy Holidays with following activities.

- Wake up early & pray.
- Brush your teeth, take a shower, get ready and enjoy your breakfast.
- Enjoy your Holiday Homework.
- Enjoy yummy lunch and avoid junk food. Don't forget to use the apron and spread the napkin before eating, off- course - close the plate after finishing food.
- Take a nap in the afternoon to relax.
- Drink milk or a Healthy drink.
- Revise an academic portion or read a chapter.
- Enjoy TV.

Get ready for dinner and don't forget to pray. Ensure that all the family members sit together for the dinner as "A family that eats together,

- Stays together."
- Brush your teeth.
- Enjoy Bed time stories.
- Pray before you go to sleep



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