



HERITAGE CHILDREN ACADEMY

(Senior Secondary School Affiliated to CBSE, New Delhi)

NH-24, Jalif Nagla, Teh- Milak, Distt. Rampur (U.P) 244701

CLASS: VII

SUMMER HOLIDAY HOMEWORK



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SUMMER VACATION (SESSION 2025-26)

Summer holidays are back again!!

Let's beat the scorching heat, together by adopting the given measures:-

- Stay indoors till 5PM.
- Stay hydrated.
- Avoid junk and oily food and consume vitamin C rich food.
- Do yoga and meditation to keep yourself fit.
- Grow plants and make your surroundings clean and green.

Kindly note the given dates:

1) The school will remain closed for the summer vacation from _____ to _____.

2) School will reopen from _____.

General Instructions to be followed:

- 1) Adhere to the instructions given by your teacher to complete the assignment.
- 2) Completion and submission of Holiday H.W. is mandatory for all students.
- 3) Holiday H.W. will be assessed for "Internal Assessment" (SEA).
- 4) Complete your assignment by keeping the 'Rubrics' in mind.
- 5) Parents can be facilitator but work should be done by child in his/her own handwriting.
- 6) Kindly submit the holiday assignment from _____ between 08:00 AM – 10:00 AM.

ENJOY THE VACATIONS AND GO GREEN!

For queries related to fee, new admission, transfer certificate documentation you may contact the following officials at their below mentioned WhatsApp numbers between 10 AM to 2 PM. (MAHENDRA KUMAR PANDEY:-8433110811)



CLASS : - VII

ENGLISH

Indian Railways is one of the world's largest and most efficient railway systems. The plan for building a railway system in India is started most 200 years ago, in 1832. Then on 16 April 1853. The first person in Indian train ran between Mumbai's Bori Bandar and Thane.

Prepare a chart with a few of the important dates and events in the history of Indian Railways between 1853, when the first train ran, and 2024, when the first train under the Bharat Gaurav Scheme to promote domestic tourism was flagged off. You can refer to the web portals mentioned on page 82 for information and to find pictures to make your chart visually attractive.

RUBRICS:

Presentation	:	5 M
Content	:	3M
Time	:	2M

HINDI

हमारी प्रकृति में अनेक औषधीय गुण वाले पेड़ -पौधे पाए जाते हैं उनमें से किन्हीं 10 की पत्तियां फाइल पर चिपकाइए एवं उनके औषधीय गुण लिखिए।

रुब्रिक्स

विषय ज्ञान	:	5 अंक
प्रस्तुतीकरण	:	3 अंक
स्वच्छता	:	2 अंक

MATHS

Prepare a working model of 3D shapes (like- cube, cuboid, prism, cylinder etc.) with the help of paper and thread and paste it on chart paper.

- There should be at least four 3D shapes
- Also mention the number of edges, faces and vertices of the shapes
- Give at least two examples of each shape
- Roll No. 1 to 10 – cube, Roll No. 11 to 20 – cuboid, Roll No. 21 to 30 – prism, Roll No. 31 to 40 – cylinder.

RUBRICS:

Presentation	:	4 M
Proper working	:	4 M

Observation : 2 M

SCIENCE

Keep a Science Diary for 7 days. Write one observation or activity each day where you see science in action (e.g., cooking, boiling water, rusting, plant growth, etc.)

RUBRICS :

Representation	:	4M
Creativity	:	2M
Neatness	:	2M
Knowledge	:	2M

SOCIAL SCIENCE

- Prepare a colorful chart of land form and water form. (Roll No. 1-16)
- Draw map of India on a chart paper and paste/draw all the national symbols. (Roll No. 16 onwards)

RUBRICS:

Creativity	:	4 M
Idea	:	3 M
Neatness	:	3 M

DRAWING

- Take one plain white handkerchief and do fabric painting as instructed. (Roll No. 1-16)
- Take a fabric of size 18x24 for making a table cover and do painting. (Roll No. 16 onwards)

RUBRICS:

Neatness	:	5M
Imagination	:	5M

DP